

Creative Ways to Reward Your Kids for Being Good



When you “catch your kids being good” there are all sorts of fun ways that you can reward them for it. And we’re not talking monetary prizes or anything expensive, either. For instance, you could...

- Leave post-it notes on their door in the morning.
- Place a note in their lunchbox.
- Make time for “brags” at the dinner table, where you talk about the good things they did that day.
- Give them “time-ins”— times set aside purely for having fun.
- Give them “goodie vouchers” for special time with a parent or extra time watching TV or playing games.
- Create “memory mosaics” on their bedroom walls, using drawings or photos of positive memories.
- Ten minutes of one-on-one time with a parent doing an activity of the child's choosing.
- Leave secret love notes or praises in places where your kids are likely to find them.